


March Family Tip Sheet



Time out for a Tip

Make family time a priority! Life can get very busy and routined. Planning a family night (or day!) is an easy way to become more intentional with quality time together as a family. Family time will become something that everyone looks forward to! Here are some ideas to get started.



Movie
Games
Make your own pizza
Hide and seek
Backyard camping
Scavenger hunt

Crafts
Build a family time capsule
Talent show
Puzzles
Fancy dinner
Legos

Nature walk
Dance party
Look through old family photos
Sports game
Send letters to someone special



Challenge

Plan a family night this month!



Joke

Q: What kind of music do
leprechauns love?



A: Sham-rock



Recipe of the Month

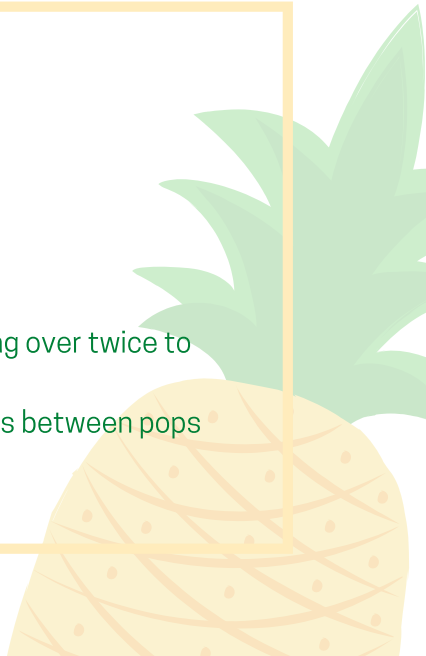
Perfect Brown Bag Air-Popped Popcorn



Ingredients:

- 1/3 cup popcorn, unpopped kernels

Directions:

1. Pour 1/3 cup of popcorn into one brown paper lunch sack. Fold the top of the bag over twice to seal in the ingredients.
 2. Cook in microwave for 2 1/2 -3 minutes or until you hear a pause of 2-3 seconds between pops
 4. Carefully open the bag to avoid steam, pour into a serving bowl and enjoy!
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