



Newaygo Public Schools Calories & Carbohydrates
APRIL 2024



1 	2	3	4	5
NO SCHOOL SPRING BREAK				
8 Pizza 280c/35g Winter Blend 25c/5g Oranges 90c/21g	9 Chicken Patty W/G Bun 400c/ Sweet Potato Fries 160c/24g Pears 70c/18g	10 Rotini W/Meat Sauce 310c/24 W/G Roll 100c/18g Broccoli 35c/5g Peaches 70c/18g	11 Hot Breakfast see cooks Hashbrown 270c/31g Apples 70c/19g	12 Riblet W/G Bun 360c/43g Baked Beans 110c/22g Mandarin Oranges 70c/16g
15 Hot Dog W/G Bun 290c/23g Green Beans 30c/6g Mixed Fruit 60c/15g	16 French Toast Sticks 160c/24g Sausage Patty 70c/0g Hashbrown 270c / 31g Applesauce 50c/13g	17 Chicken Tenders 86c/5g each Sweet Potato Fries 160c/24g Pineapple 60c/15g	18 Taco Meat 110c/5g Fritos 160c/16g 6" Shell 90c/15g Refried Beans 140c/23g Tropical Fruit 60c/15g	19 Sloppy Joe W/G Bun 310c/39g Romaine Salad 10c/2g Oranges 90c/21g Oranges 90c/21g
22 Calzones 280c/32g Broccoli 25c/5g Pears 80c /21g	23 Hamburger W/G Bun 300c/31 Baked Beans 110c/22g Peaches 70c/18g	24 Macaroni & Cheese 300c/32g Carrots 30c/7g Apples 70c/19g	25 Popcorn Chicken 21c/1g ea French Fries 110c/17g Mandarin Oranges 70c/16g	26 Chili 150c/15g W/G Roll 100c/18g Mixed Vegetables 70c/12g Mixed Fruit 60c/15g
29 Grilled Cheese 300c/21g Tomatoes 15c/3g Applesauce 50c/13g Tomato Soup 90c/20g	30 Italian Dunkers 80c/15g ea stk Dunker Sauce 180/11g Romaine Salad 10c/2g Pineapple 60c/15g			

Variety of Milk Offered Daily

Additional entrees offered daily

*Menu subject to change due to conditions beyond our control

USDA is an equal opportunity provider and employer

Food Service Director Mary Anne Charette

Others Items:

PB & J 300c/34g

Cold Cut Combo 270c/30g

Food Service Office (231) 652-9286

Turkey Sandwich 250c/32g

Italian Combo 250c/29g

Ham Sandwich 260c/31g

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