

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Distribute a monthly newsletter including health/wellness information.	<ul style="list-style-type: none"> a) Create a template b) Decide on topics & research information c) Share via district webpage, skyward, social media 	September 2023	Published newsletter to families once/month	Jennifer Stephens	District nurse, students, families	
K-5 th grade students will receive health education (CATCH) annually that address National Health Education Standards.	<ul style="list-style-type: none"> a) Partner with and coordinate lessons with Corewell Health educators 	September 2023	8 lessons delivered either in-person or virtually via Kahoot w/teacher facilitation	CATCH Committee grade level representatives, Jennifer Kurnat, Erica Jordan	Teachers, students, Corewell Health educators	
All school cafeterias will feature a new healthy menu item on a quarterly basis.	<ul style="list-style-type: none"> a) Plan & order ingredients to prepare and serve 	October 2023	Track number of new healthy menu items featured, collect student feedback	Mary Anne Charette	Students, Nutrition Services Staff, Corewell Health educators	
Provide tobacco education that follows MDHHS requirements and includes evidence-based content	<ul style="list-style-type: none"> a) Partner with and coordinate lessons with Corewell Health educators b) Coordinate & schedule lessons 	September 2023	Scheduled lessons	Caitlin Mitchell-Schucker, Michelle Klochack, Hosting Newaygo Teacher	4 th , 5 th , 7 th grade students, Corewell Health educators	
Provide evidence-based marijuana education.	<ul style="list-style-type: none"> a) Partner with Corewell Health b) Coordinate & schedule lessons 	September 2023	Scheduled lessons	Caitlin Mitchell-Schucker, Michelle Klochack, Hosting Newaygo Teacher	8 th grade students, Corewell Health educators	

➤ Nutrition Education – yellow
 ➤ Nutrition Promotion – green
 ➤ Other school-based activities that promote student wellness- blue

★ Marijuana Ed for High School (Johnny's Ambassador) –
 Contact Shirley Ringler @ NCRESA – sringler@ncresa.org

#10B

Other school-based activities that promote student wellness SMART goal idea:

- GOAL: Educate staff to recognize signs and symptoms of someone at risk for suicide & implement action plan to intervene and provide care.
- ACTION STEPS: Partner with Corewell Health. Schedule Blue Envelope Training
- TIMELINE: August 2023
- LEAD PERSON: Ben Gilpin, Gina Dietz, Kyle McAlister, Andy Cox, Jena Zeerip
- STAKEHOLDERS: K-12th staff & students

Other school-based activities that promote student wellness SMART goal idea:

- GOAL: Educate community about current alcohol and drug trends
- ACTION STEPS: Share Tall Cop Community Event w/community via email & social media (see email attachment)
- TIMELINE: August 14, 2023
- MEASUREMENT: # attended
- LEAD PERSON: NCRESA
- STAKEHOLDERS: Community (children 12+)

Nutrition Promotion SMART goal idea: This is already happening

- GOAL: Coordinate and communicate health efforts across campus.
- ACTION STEPS: CATCH Committee utilizes CATCH Coordination Kit & meets six times/year
- TIMELINE: September 2023
- MEASUREMENT: Meeting agendas + notes, completed CATCH Coordination kit tasks
- LEAD PERSON: CATCH Committee, Erica Jordan, Jennifer Kurnat
- STAKEHOLDERS: Students, staff, community

Physical Activity SMART Goal Ideas:

- Middle school recess equipment (vertical jump, cornhole, new basketball hoops, etc.)
- Turkey trot under the lights
- Mileage club @ Newwaygo Elementary
- Community agreement allowing public use of track